

# MAYOR OF LONDON

## Healthy Early Years London and Healthy Schools London transition plan

### Contents

What is happening in September 2025?.....	2
How do I transition to the updated programme?.....	3
Where can I get further support?.....	4
How do I use the table? .....	4
Will there be a review of how the updated programme is working? .	7

## What is happening in September 2025?

September 2025 sees the launch of the updated programme for Healthy Early Years London (HEYL) [embed link] and Healthy Schools London (HSL) [embed link] programme, which includes updated processes and tools.

The updated tools are:

- HEYL Bronze Award tool for early years settings
- HEYL Bronze Award tool for childminders
- HEYL Silver Award planning tool and Gold Award reporting tool for early years settings
- HEYL Silver Award planning tool and Gold Award reporting tool for childminders
- HSL Bronze Award tool
- HSL Silver Award planning tool and Gold Award reporting tool

The updated process to achieve awards is the same for HEYL and HSL:

**Bronze Award** – Complete the Bronze Award tool, which acknowledges and celebrates you have a high-quality approach to health and wellbeing and that it is embedded for all children and young people.

**Silver Award** – Complete the Silver Award planning tool, which evidences you have identified a health and wellbeing priority and devised a new approach, project, practice or intervention to target the priority.

**Gold Award** – Complete the Gold Award reporting tool, which recognises that you have evaluated the impact and sustained the outcomes of this new approach, project, practice or intervention.

Achieving a Bronze Award is the foundation of the HSL and HEYL programmes. To ensure this foundation is maintained and kept relevant, the Bronze Award should be renewed every three years.

# MAYOR OF LONDON

Silver and Gold Awards build on this foundation and demonstrate that early year's settings (settings), childminders, and schools have taken their approach to support health and wellbeing to the next level.

Once you have achieved both the Silver and Gold Awards for one health and wellbeing priority, you can continue to strengthen your practice by starting a new Silver and then Gold Award focused on a different priority area or, revisit the same priority with a new focus or approach.

Settings, childminders and schools can achieve multiple Silver and Gold Awards to celebrate their continued development, improvement and progression.



There are HEYL and HSL guidance packs which explain this process in more detail and provide all the information you need to support you with your journey through the awards.

## How do I transition to the updated programme?

The Mayor recognises the commitment and effort settings, childminders and schools have put in to gain and maintain their HEYL and HSL awards up to September 2025. It is important that previous work and efforts are not lost as the updated programmes are implemented. Therefore, a transition plan has been developed to support you to transfer over to the updated programme. What you need to do depends on the award/s you already hold.

The table below provides information to help you work out what you need to do to start or continue with HEYL or HSL from September 2025. Information provided for HEYL applies to both early years settings and childminders.

## Where can I get further support?

For support:

- Contact your HEYL or HSL Borough Lead, or
- Reach out to us: [email link to be added]

You can find more information to support you on the HEYL and HSL website [embed link], including

HEYL Guidance pack for Childminders [embed link],

HEYL Guidance pack for Settings [embed link],

HSL Guidance pack for Schools [embed link],

HEYL Bronze renewal transition information document [to be developed in time for September]

HSL Bronze renewal transition information document [to be developed in time for September],

HEYL Gold Award transition pathway for Childminders [embed link],

HEYL Gold Award transition pathway for Settings [embed link].

## How do I use the table?

1. Find the award you currently hold and its status in the left-hand column.
2. Follow the steps listed in the right-hand column to transition to the updated programme.

# MAYOR OF LONDON

Current status	Transition action from September 2025  NB. When tools are mentioned, we are referring to the updated programme tools in use from September 2025.
<b>HEYL and HSL:</b>	
New to the programme	<ol style="list-style-type: none"> <li>1. Register for award: HEYL register here [embed link] HSL register here [embed link]</li> <li>2. Begin Bronze Award using the Bronze Award tool.</li> </ol>
Bronze Award in date	Begin Silver Award using the Silver Award planning tool.
Bronze Award due for renewal  This includes any Bronze extension granted during update period (all due for renewal from 30 <sup>th</sup> Sept 2025)	<ol style="list-style-type: none"> <li>1. Review the Bronze Award tool and update any changes. Use the Bronze renewal transition information document to support you. [to be developed in time for September]</li> <li>2. Answer questions reflecting on your progress, priorities, and next steps for health and wellbeing.</li> <li>3. Once Bronze is renewed, you can begin the Silver Award.</li> </ol>
Bronze Award expired	Begin Bronze Award using the Bronze Award tool.
<b>HEYL only:</b>	
Silver Award in date, want to progress to Gold Award  This includes any Silver Awards that are due for renewal and where renewal requirements	<ol style="list-style-type: none"> <li>1. Ensure Bronze Award is in-date and renew if needed.</li> <li>2. Start Gold Award using the HEYL Gold Award transition pathway.</li> </ol>

# MAYOR OF LONDON

were removed as part of the Sept 2024 updates.	The transition pathway combines both stages of the updated Silver and Gold Awards into a single process, recognising that you already hold a valid Silver Award from the previous programme.
Silver Award expired	<ol style="list-style-type: none"> <li>1. Ensure Bronze Award is in-date and renew if needed.</li> <li>2. Start Silver Award using the Silver Award planning tool.</li> </ol>
<b>Gold Award in date</b> This includes any Gold Awards that are due for renewal and where renewal requirements were removed as part of the Sept 2024 updates.	<ol style="list-style-type: none"> <li>1. Ensure Bronze Award is in-date and renew if needed.</li> <li>2. Start a new Silver Award using the Silver Award planning tool.</li> </ol>
Gold Award expired	<ol style="list-style-type: none"> <li>1. Ensure Bronze Award is in-date and renew if needed.</li> <li>2. Start a new Silver Award using the Silver Award planning tool.</li> </ol>
<b>HSL only:</b>	
Hold Silver award (but not progressed to Gold)	<ol style="list-style-type: none"> <li>1. Ensure Bronze Award is in-date and renew if needed.</li> <li>2. Start Gold Award using the Gold Award reporting tool to evaluate the impact of your Silver action plan and implementation.</li> </ol>
Hold Gold Award	<ol style="list-style-type: none"> <li>1. Ensure Bronze Award is in-date and renew if needed.</li> <li>2. Consider starting a new Silver Award using the Silver Award planning tool.</li> </ol>

### Will there be a review of how the updated programme is working?

Following the launch of the updated programme in September, we will continue working with Borough Leads to assess how the updated materials and processes function in practice, identify areas requiring additional support and explore ways to increase engagement.

This feedback will help inform the development of future support, resources and ways of working to help ensure the programme is accessible, practical and meaningful for all.